

Aims and ambitions

We will inspire all children to develop a love of physical activity and sport and have fun. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children's wants and needs and provide them with a range of active experiences and clubs. We aim to ensure that our delivery of physical education allows all children to have the skills and mind-set to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

Knowledge

Throughout the key stage children will be able to: understand and apply tactics and rules to a variety of games.: develop an understanding of how the body works and moves and improve their personal fitness as well as subject knowledge and skills .
Develop an understanding and improve their problem solving and navigational skills, communication, reflection and team work.

Planning and Teaching structure (Learning journey)

Get Set PE is used as a spine to structure the content and progressions of lessons and units are taught in a 2 year cycle. Where possible we have adapted this so we teach the sports when there is a national event in order to influence the enthusiasm. Every class has two hours PE per week. They are taught in mixed age and ability classes.



PE



at

Ewanrigg Junior School

Skills

Throughout the key stage children will be able to run, jump, throw, catch, track, dribble, send and receive with increasing control. Attack and defend with increased success.

Develop and combine agility, balance, co-ordination, speed, strength and stamina in order to perform sequences.

Perform a variety of survival techniques.

Adaptive Teaching

All children can access lessons, after-school clubs and competitions. Every lesson can be adapted by changing the space, task, amount of people and equipment used.

Assessment

We use a variety of observations, technology recordings, self and peer assessments, learning conversations between: teacher and pupil and pupil and pupil in order to provide evidence.

Get Set PE track zone is used to build an individual profile of children's knowledge and skills at the end of every unit.